

9 September 2025

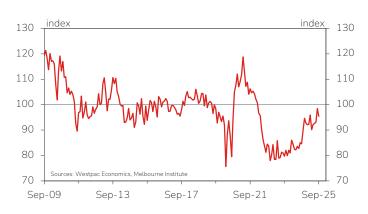
WESTPAC-MI CONSUMER SENTIMENT BULLETIN

Latest insights on the Australian consumer

Key points

- Westpac Consumer Sentiment Index declines 3.1% to 95.4 in September.
- Finances continue to improve but renewed concern about economic outlook.
- Consumers a little less confident about further rate cuts.
- Unemployment expectations back around long run averages.
- Risk aversion eases a little but still elevated.
- House price expectations hit 15year high.

Consumer Sentiment Index



The Westpac-Melbourne Institute Consumer Sentiment Index declined 3.1% to 95.4 in September from 98.5 in August. **BULLETIN**



Consumer sentiment slips back to 'cautiously pessimistic'



Matthew Hassan Head of Australian Macro-Forecasting

The Westpac-Melbourne Institute Consumer Sentiment Index declined 3.1% to 95.4 in September from 98.5 in August.

The sentiment recovery that first gained momentum about a year ago continues to move along in fits and starts. Last month's positive response to a third 25bp interest rate cut from the RBA has been followed by another partial pull-back. At 95.4, the latest Index read is still 2.5% above its July level and 5.9% above the low seen following the tariff-related turmoil in April but firmly back in 'cautiously pessimistic' territory overall.

Outright optimism remains elusive for Australian consumers. The cost-of-living crisis may be largely over and policy easing generating some uplift but there is still clearly some unease about the path ahead.

Responses to additional questions on news recall, run once a quarter, suggest consumers view the news-flow in recent months as mixed rather than negative. Topic-wise, 'inflation' news has become less dominant – recall levels dropping to a four-year low. However, inflation news was assessed as less favourable in September than in June, likely reflecting the latest upside surprise on the monthly CPI indicator. News on 'budget and taxation' now has the highest recall of any topic and was also seen as slightly more negative than back in June, which was just after the Federal election. In contrast, news on other high-recall topics – 'economic conditions' and 'interest rates' – was assessed less negatively than in June, no doubt helped along by last week's solid GDP result and the RBA's August rate cut.

The component detail also showed mixed moves in the month. Recall that the Consumer Sentiment Index is a composite measure based on five sub-indexes: two tracking assessments of family finances, two tracking expectations for the economy and one on whether consumers see now as a good time to buy a major household item. While the picture on family finances is continuing to improve, expectations for the economy were pared back.

The September responses around family finances were, on a combined basis, the best since January 2022, when price inflation, and the associated cost-of-living problems were just taking off. The 'family finances vs a year ago' sub-index rose a further 2.6% to 86.3, now just a touch below the long run average albeit still in firmly pessimistic territory. Meanwhile consumers are becoming quite positive about the forward view, the 'family finances, next 12 months' sub-index edging up 0.9% to 107.7, a touch above the long-run average of 106.6.

Against this, consumers look to have renewed concern about prospects for the economy. The 'economic outlook, next 12 months' sub-index dropped 8.9% to 92.2 while the 'economic outlook, next 5 years' sub-index fell 5.9% to 92.7. The moves take expectations from about neutral to more firmly pessimistic.

That shift looks to have checked buyer sentiment. The 'time to buy a major item' sub-index declined 3.4% in September to 98.2, slipping back into slightly pessimistic territory after a brief nudge into positive last month. As noted previously, this measure has been particularly sensitive to the decline in purchasing power since 2022, falling into a deep hole through 2023 and most of 2024. Despite a 23% rise since June last year, the sub-index is well below its long-run average read of 124.

Overall, the sentiment mix and responses to questions on news recall suggest the upside result on inflation rather than news on the economy per se may be the underlying source of renewed concerns about the economic outlook.

This may also explain why consumers are a little less confident about the prospect of further interest rate declines. The Westpac–Melbourne Institute Mortgage Rate Expectations Index, which tracks consumer expectations for variable mortgage rates over the next 12 months, rose 5.2% to 88. That is coming off what was a thirteen-year low back in July. Most consumers, 69% of those with a view, expect mortgage rates to be the same or lower in a year's time. However, that is off a touch from 72% amongst those surveyed following last month's rate cut.

"Outright optimism remains elusive ..."

Renewed concerns about the economy also look to have eaten away at confidence around jobs. The Westpac–Melbourne Institute Unemployment Expectations Index rose 4.6% to 131.4 in September (recall that higher index reads mean more consumers expect unemployment to rise over the year ahead). That brings the index in line with its long run average, consistent with a stable rather than improving labour market.

Housing-related sentiment was relatively unchanged in September.

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Homebuyer sentiment dipped slightly, the 'time to buy a dwelling' index down 1.7% to 96.1. The state breakdowns show homebuyer sentiment rising to outright positive levels in Victoria, the state index now at 110 but a steadier, more neutral assessment in New South Wales where the state index is at 99. We continue to see much more volatile reads in Queensland, Western Australia and South Australia with current reads on homebuyer sentiment more pessimistic overall (82, 74 and 91 respectively as at September).

In contrast, consumer house price expectations continue to ride high. The **Westpac–Melbourne Institute Index of House Price Expectations** rose another 2.6% in September, the 168.4 read marking a fifteen year high. Over three quarters of consumers now expect prices to rise over the next 12 months. Expectations are stronger still in South Australia (180) and Queensland (174) but are less exuberant in Victoria (164).

Australians are becoming a little less risk averse about their finances, but the moves are small and coming from an extremely cautious starting point. Responses to our quarterly question on the 'wisest place for savings' show 'safe options' are still heavily favoured, 26% nominating 'bank deposits' and a further 23% nominating 'pay down debt' (down from 29% and 25% back in June). Some of that shift is towards another relatively conservative option though, with 6.6% nominating 'superannuation' up from 5.1% in June. Amongst the 'riskier' options, consumers were less inclined towards 'real estate' (9.6%) than 'shares' (10.9%).

The Reserve Bank Monetary Policy Board next meets on September 29–30. Westpac expects the Board to leave the cash rate unchanged at 3.6%.

Recent updates have cast some doubt over the pace of inflation and the strength of consumer demand, both appearing somewhat firmer than expected. With the Board pursuing a cautious approach to policy easing, it will almost certainly opt to wait for more information, leaving policy on hold at its September meeting. Temporary one-off factors are almost certainly boosting both the price and spending data. As these drop out, underlying trends are likely to confirm that inflation is still benign and consumer spending sluggish. Certainly, this month's Sentiment survey suggests the consumer recovery that began in mid-2024 is proceeding slowly and that further easing will likely be needed to sustain gains. On balance, we expect this to come through gradually with the RBA Monetary Policy Board lowering the cash rate a further 25bps in November and making two further 25bp cuts in 2026.

Consumer Sentiment - September 2025

	avg*	Sep 2023	Sep 2024	Aug 2025	Sep 2025	%mth	%yr
Consumer Sentiment Index	100.4	79.7	84.6	98.5	95.4	-3.1	12.8
Family finances vs a year ago	88.0	61.5	71.8	84.2	86.3	2.6	20.2
Family finances next 12mths	106.6	91.6	97.0	106.8	107.7	0.9	11.0
Economic conditions next 12mths	90.7	78.5	81.2	101.2	92.2	-8.9	13.6
Economic conditions next 5yrs	92.1	90.5	90.6	98.4	92.7	-5.9	2.3
Time to buy a major household item	123.6	76.6	82.6	101.7	98.2	-3.4	18.9
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Time to buy a dwelling	119.8	72.5	76.1	97.8	96.1	-1.7	26.3
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Unemployment Expectations Index	128.9	130.8	138.4	125.6	131.4	4.6	-5.1
Offerniployment Expectations index	120.9	130.6	130.4	125.0	131.4	4.0	-5.1
House Price Expectations Index	128.9	154.6	150.5	164.2	168.4	2.6	11.9
Interest Rate Expectations Index	140.4	146.7	123.8	83.6	88.0	5.2	-28.9
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Source: Westpac–Melbourne Institute.

The survey is conducted by OZINFO & DYNATA. Respondents are selected at random. This latest survey is based on 1200 adults aged 18 years and over, across Australia. It was conducted in the week from 1 September to 5 September 2025. The data have been weighted to reflect Australia's population distribution. Copyright at all times remains with the Melbourne Institute of Applied Economic and Social Research.

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^{*}avg over full history of the survey, all indexes except 'time to buy a dwelling', 'unemployment expectations' and 'house price expectations' are seasonally adjusted



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